

Transformation Guide

HOW TO

Create a NEW Kind of

YEAR

with the Goddess

Kim Wilborn

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Some of the events of 2020 have felt like things we had to simply react to (one after another).

But in a few days, you'll have a fresh new year in which to create—so stop for a moment, take a breath, and truly recognize that you have a blank canvas before you, a fresh new year that can be the best, most fulfilling, most empowered, and most satisfying of your life.

A truly NEW kind of new year, one that uplifts not only you, but everyone and everything you love!

Your life is meant to get better and better and filled with more of what you truly love, and you are meant to become stronger and stronger—more able to hold and channel the high vibrational Source energy flowing through you.

*Who are you now compared to who you
were a year ago— do you feel bigger or smaller?*

Day One and Two of this event are designed to help you look back upon your past year and empower yourself. Together we'll integrate all the things you've experienced in the past year so you can see yourself truly as the creator that you are before we move on to Day Three.

It's important to take stock of how the events of the past year have affected you. That way, you can make sure your dominant thoughts and beliefs on all the subjects you've experienced throughout the year are in a high vibration.



Day One



The most important thing in this year-end review is to see yourself as the creator you are. Take the events and experiences of the past year into your heart, and allow them to be transformed into something that will *benefit* you.

Change the story you tell yourself about the past year until it becomes a hopeful story, a positive story, an empowering story that you take with you into the new year—with the Goddess at your side

As you go through this 3-day event you'll be creating a personal blueprint that will help you stay connected to your own creative power throughout the coming year. This blueprint will become a strong energetic foundation for a fulfilling, empowering new year.

These three days will help you go forth into the new year stronger, more creative, and with a higher vibrational set-point—poised to attract all the miraculous things that are just waiting to come into your experience.



Note: Please wait and fill out this guide during the live calls (or replays). I'll tell you the missing words to fill in and explain the transformation that goes with the questions!



1

Write down 3 things you've _____ this year.



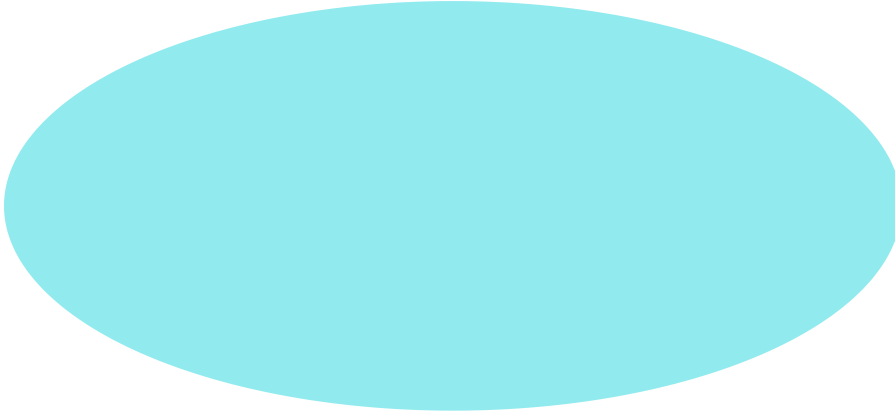
2

What was the most important _____ you _____ this year?



4

Now choose _____ that represents the year for you.



5

If the past year were a _____, what _____ would it be?



If the year was an _____, what _____ would it be?

_____ is my friend/ally. She/he/it :



What is the _____ you had to do this year?

How did that experience change you?

Now choose a word that represents a _____ you now have within you as a result of what you experienced:



Write a _____ to help integrate it:

Line 1: Noun - 2 Syllables

Line 2: Description of noun - 4 syllables

Line 3: Action – 6 Syllables

Line 4: Feeling or Effect – 8 syllables

Line 5: Synonym of the initial noun – 2 Syllables

Here's my example:

Line 1: Noun - 2 Syllables

Purpose

Line 2: Description of noun - 4 syllables

guiding, grounding

Line 3: Action – 6 Syllables

finding my way again

Line 4: Feeling or Effect – 8 syllables

like a lantern in the darkness

Line 5: Synonym of the initial noun – 2 Syllables

meaning

Line 1: Noun - 2 Syllables

Line 2: Description of noun - 4 syllables

Line 3: Action – 6 Syllables

Line 4: Feeling or Effect – 8 syllables

Line 5: Synonym of the initial noun – 2 Syllables



READING





We tend to focus on the negative things that have happened, but SO many good things also happened this year!

Reclaim your energy around the year with these questions:

1 What was the BEST thing that happened to you in 2020 concerning your _____?

2 What was the BEST thing that happened to you in 2020 concerning your _____?



3

What was the BEST thing that happened to you in 2020 concerning your _____?

4

What was the BEST thing that happened to you in 2020 concerning your _____?

5

What was the BEST thing that happened to you in 2020 concerning your _____?





6

What was the BEST thing that happened to you in 2020 concerning your _____?

Your Relationships

Relationships can have a big impact on our empowerment because we tend to see ourselves through their reflection. So it's worthwhile to spend some time transforming and uplifting the energies of your most important relationships.

List 3 people who are important to you:

1

2

3

Now list Number One again and answer these questions:

1 Name:

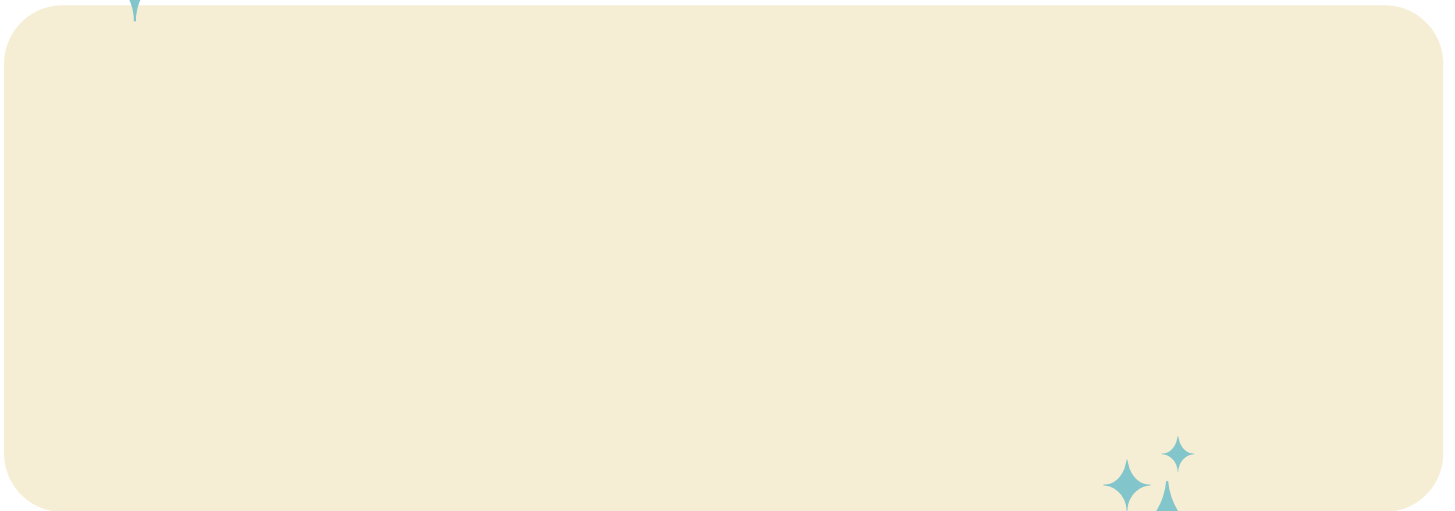
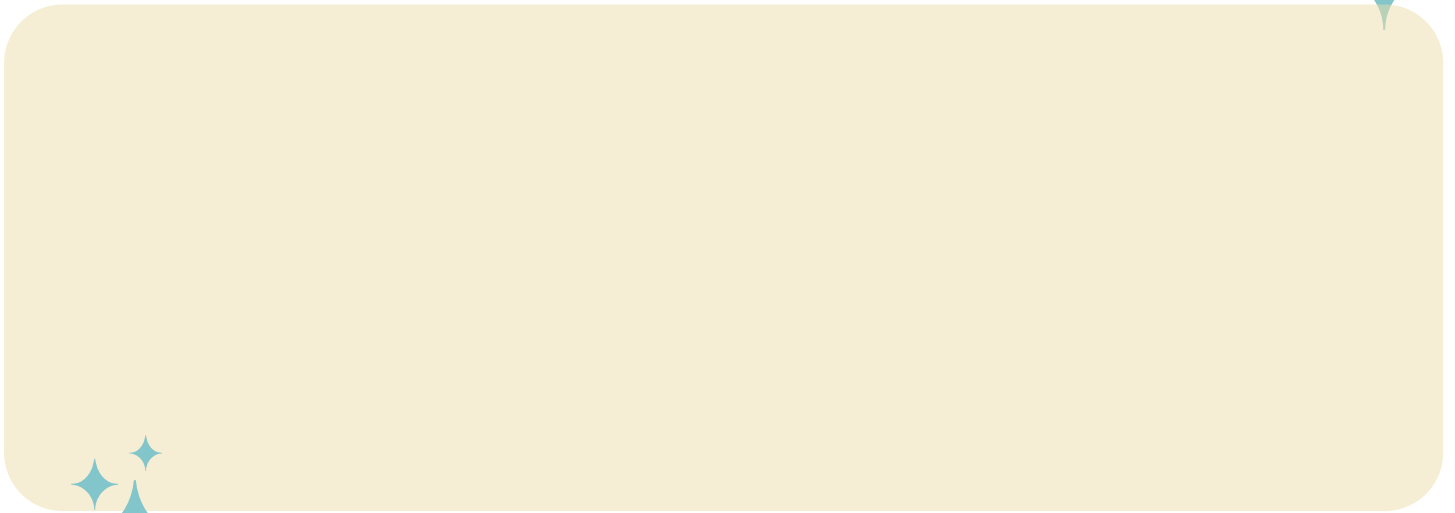
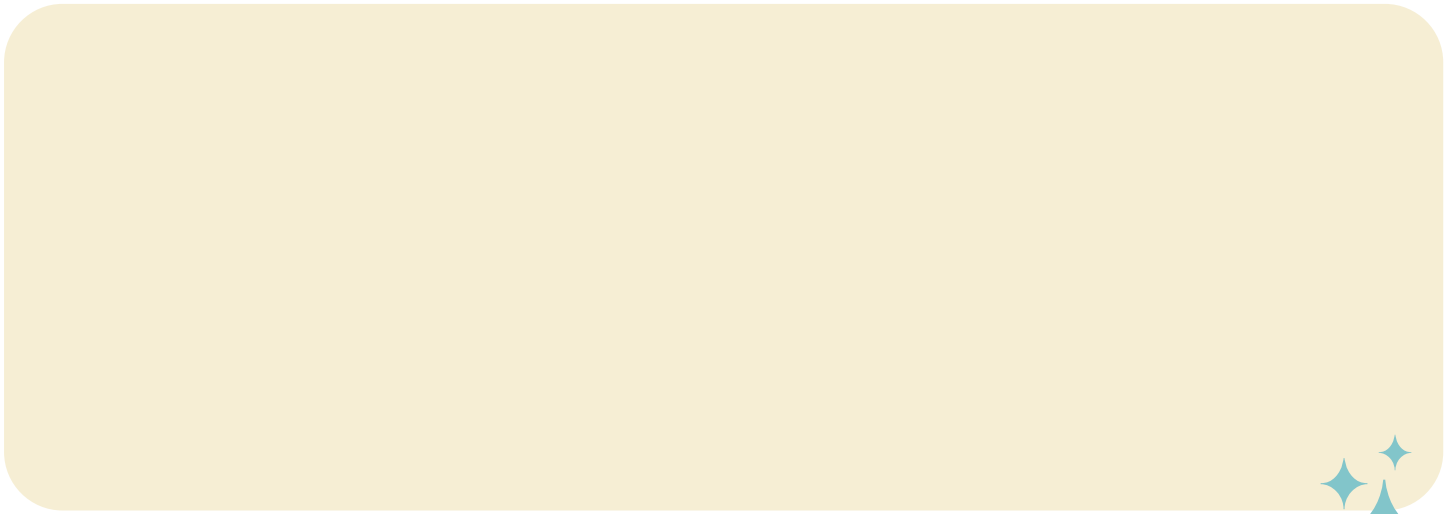
Did this relationship grow and get stronger this year, or did it weaken and get more challenging? Why?

How would you like ***yourself*** to be in this relationship moving forward?

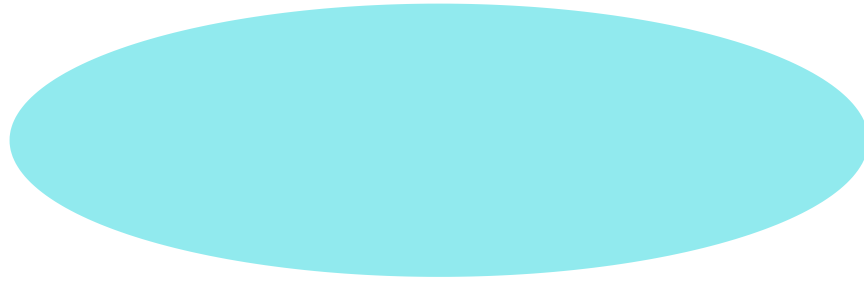
How do you feel about what happened within this relationship?

On a scale of 1-10 (with 1 being the lowest and 10 being the highest) where is your vibration when you think of this relationship?

Now list 3 consciously chosen thoughts that will raise your vibration concerning this relationship:



Choose a word that represents how you want this relationship to feel and write it below:



Now list the next name and answer the questions:

 Name:

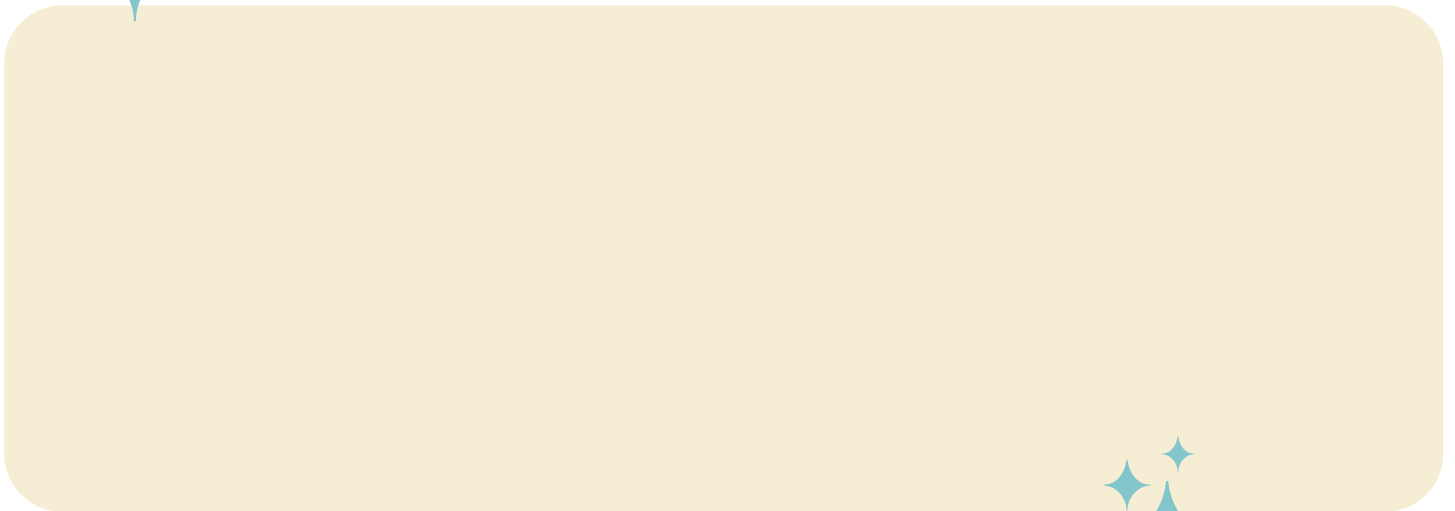
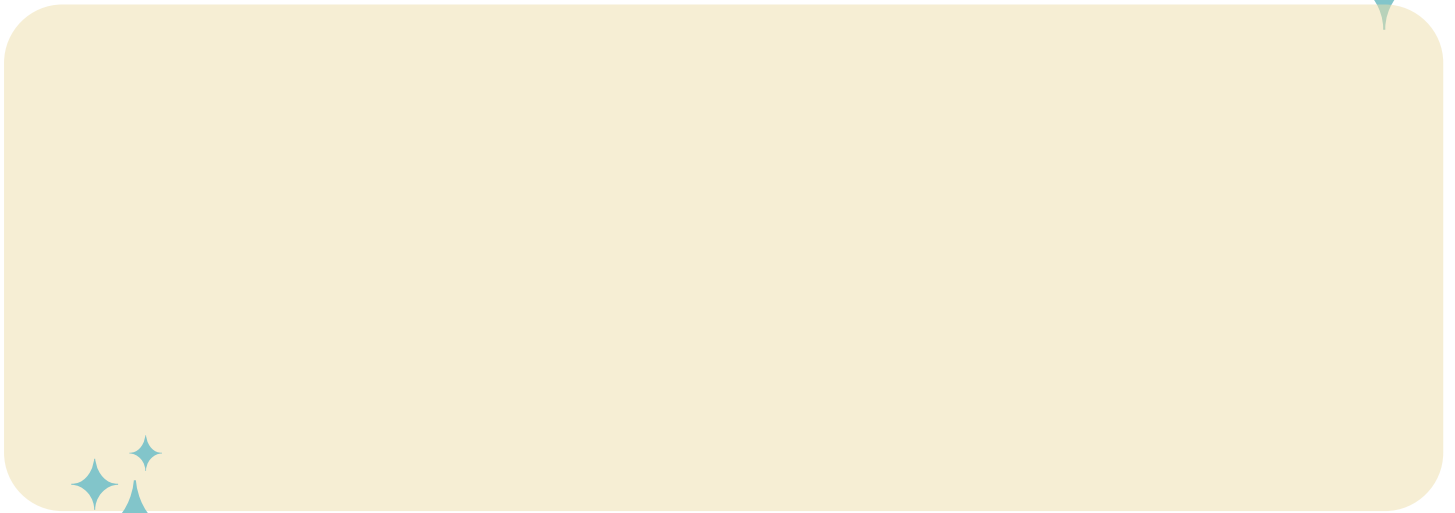
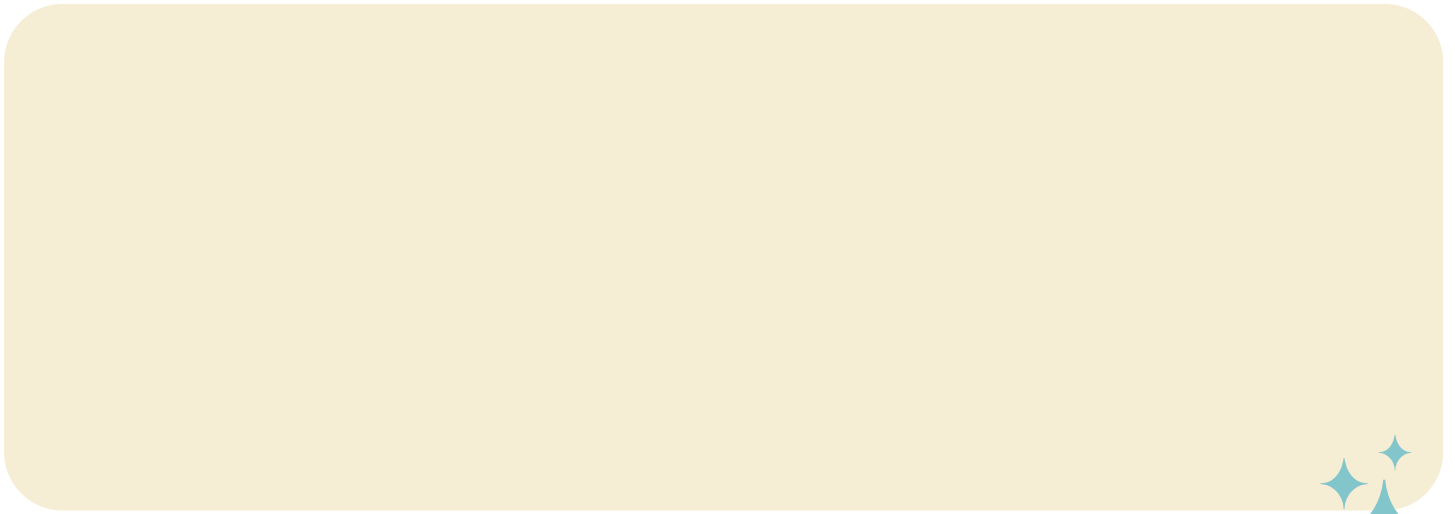
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How would you like ***yourself*** to be in this relationship moving forward?

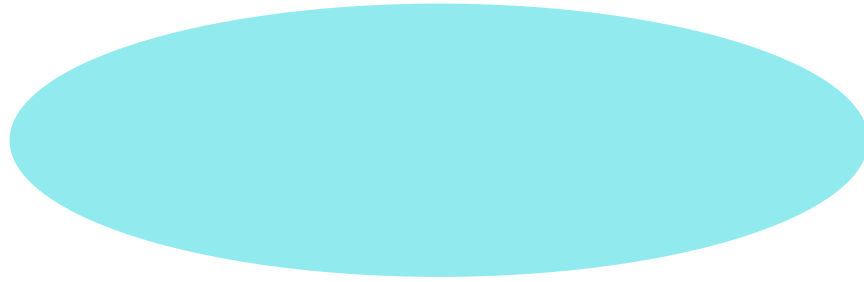
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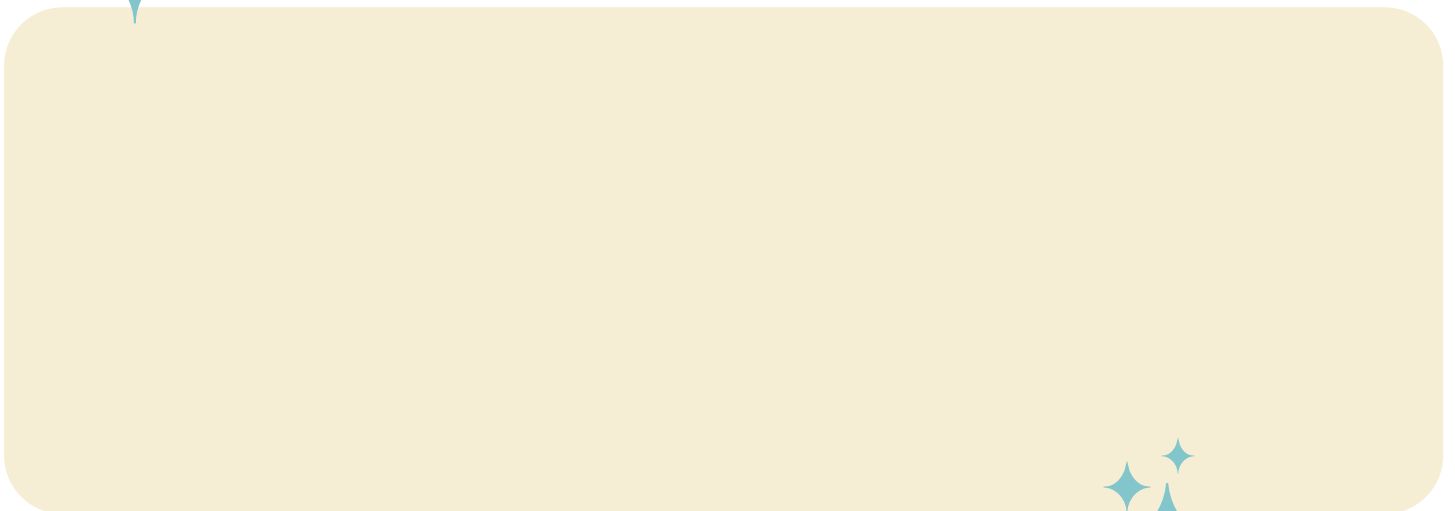
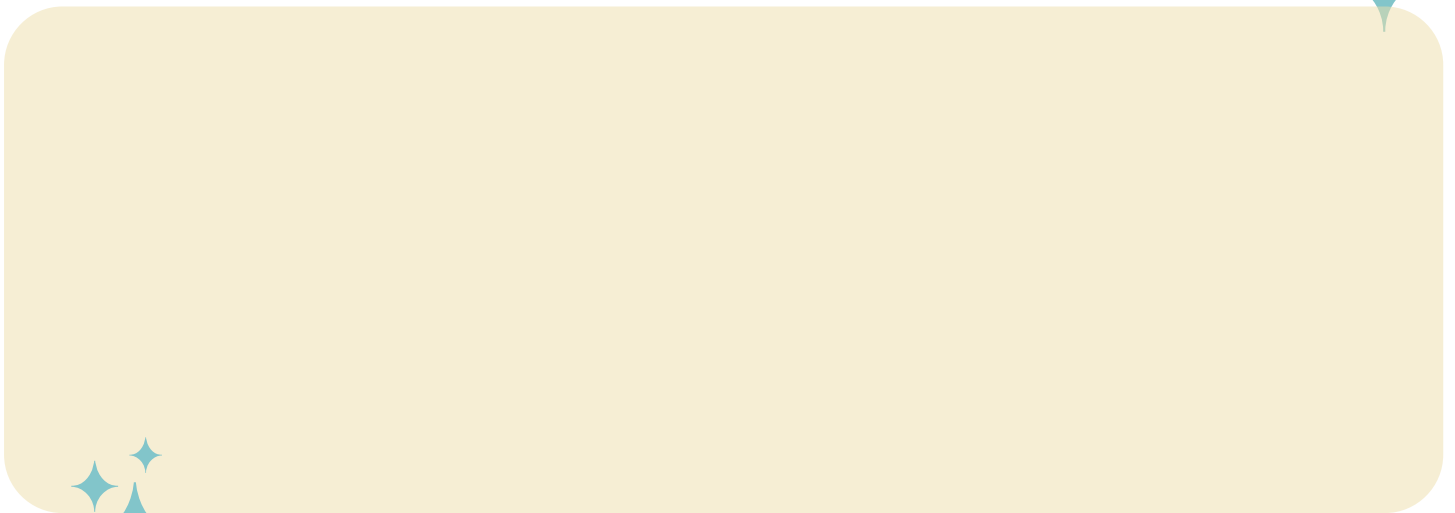
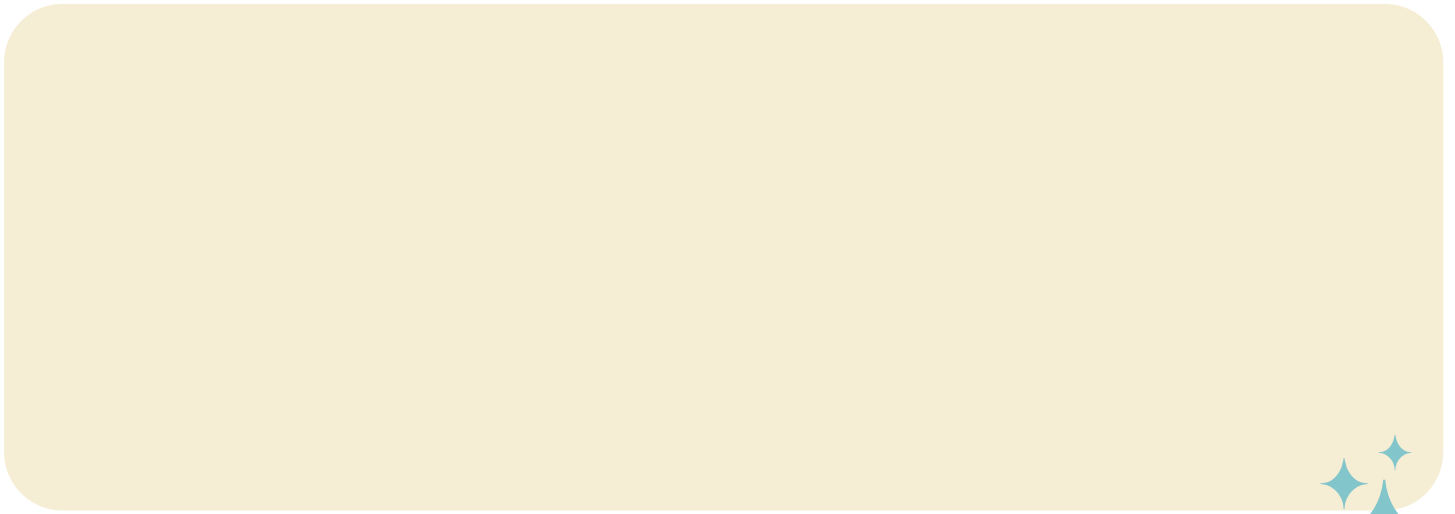
Did this relationship grow and get stronger this year, or did it weaken and get more challenging? Why?

How would you like ***yourself*** to be in this relationship moving forward?

How do you feel about what happened within this relationship?

On a scale of 1-10 (with 1 being the lowest and 10 being the highest) where is your vibration when you think of this relationship?

Now list 3 consciously chosen thoughts that will raise your vibration concerning this relationship:



Choose a word that represents how you want this relationship to feel and write it below:





READING





Day Three



Now it's time to design the personal blueprint that will serve as your energy foundation for a NEW kind of year.

Each one of us, including (and especially) you, is ready to move up and break through to a whole new level. Instead of focusing on your *actions* this year, you can focus on the *energy* within your actions and the energy within *you*.

Our natural tendency is to simply react to life, and thus we tend to keep re-creating the same types of things—things that match what we're focusing on.

Your personal New Year design blueprint is going to be a physical representation of your power to create something *new*. It will give you a physical tool you can work with throughout the year to transform not only your actions, but more importantly the energy that fuels your actions.

By doing this you are giving yourself permission to expand. That permission is vital. Source energy is always within you trying to expand. The whole universe is supporting you in this expansion, and *it will take the form of what you love*.

Your true desires are the ones that are based on what you love, and what you would *love* to have more of in your life. That, I believe, is what we're here to do: bring the energy of love into physical form.

As you do, you become a bigger and better vessel for Source Love energy, so before you go any further give yourself permission to expand into more of what you love.



Begin your blueprint design by choosing a theme for the year. What one word represents what you most want to create and experience this year? Examples include *abundance, confidence, growth, simplicity, expansion, love...* The list of possibilities is endless.

The important thing is that your theme represents how you want to feel this year.

1 My theme for the coming year:

2 Who do you want to *be* this year?

3 How do you want to feel?

4 If you could give only one gift to the world this year, what would it be?



If 2021 were a _____, what _____ would it be?



If 2021 was an _____, what _____ would it be?

_____ is my friend/ally. She/he/it :

7 What kind of support-system do you want to create for yourself in the coming year?

8 What kind of support-system for others do you want to be a part of?

9 Where do you choose to put your focus in the new year?

10 What could you do consistently that would raise your vibrational set-point?



READING





Here we are in the fresh new year! Take a breath, connect to the love of the Goddess in all her many forms, and say, "Thank You!"

You now have a blank canvas before you, a fresh new year that can be the best, most fulfilling, most empowered, and most satisfying of your life. A truly NEW kind of new year, one that uplifts not only you, but everyone and everything you love!

I have a new question for you:

Who are you now compared to who you
were 2 days ago— do you feel bigger or smaller?

I hope you'll be joining me in my *Year with the Goddess* Program where we'll integrate the magic of a new Goddess into our lives every every month AND get deeper, hands-on guidance for how to consciously create in 2021.

Either way, I want to say , THANK YOU! May the work you have done in these three days act as a guidepost for you all year long.

Wishing you Love and Abundance,

Kim



Notes

